



SCMHA Facilities Conduct

Dressing Rooms



Dressing Room Protocols

- **Respect all arenas and dressing rooms; parents/guardians are prohibited from waiting or loitering outside the dressing room.**
- **Players are expected to dress independently; parents/guardians or coaching staff may assist with skates. Coordination with the Head Coach is required for assistance at the junior ages.**
- **Parents/guardians and siblings are prohibited from entering the dressing room prior to any game.**
- **Parents/guardians may be called upon to assist with equipment preparation if needed (e.g., goalies).**
- **Players are expected to maintain the cleanliness of the dressing room.**
- **Horseplay is strictly prohibited in the dressing room.**
- **Throwing/shooting/kicking of snow, tape, water bottles, equipment, or other objects is prohibited.**
- **Once skates are on, players must remain seated to prevent injury.**
- **Hockey bags must be placed neatly under the bench or stood upright.**
- **Hockey sticks must be placed neatly outside the dressing room or in a designated area.**
- **Players may remove helmets and gloves after games but must wait for coaches to finish speaking before undressing.**



Dressing Room Protocols

- **Supervising Staff should arrive prior to or at the same time as players.**
- **If an expected arrival time is outlined within the team rules, then it applies to all staff as well.**
- **Players should not be in the dressing rooms alone, access to the change rooms should be limited until supervision is present.**
- **Team staff is to check the room for damage and cleanliness prior to departure. We are expected to leave the room as we find them. Should you arrive at a dressing room that has damage or is not cleaned, please inform arena staff prior to use.**
- **Doors are to remain open when supervision is not present or in the immediate area.**
- **It is recommended where possible that changeroom doors are left wide open and are only closed when 2 team appointed individuals are present**
- **Smoking/vaping/alcohol/drugs of any kind are strictly prohibited.**
- **SCMHA will follow and enforce all current Hockey Canada, OHF, and OMHA Dressing Room Policies.**
- **Cell phones and cameras are prohibited. A designated individual will manage music playlists.**